

Ignite

HELLO!

Welcome to our second **Ignite** newsletter!

GOOD NEWS!!!!!!

IGNITE RETURNS!!!!!!

A social (distancing!) evening to get us back together again: Burgers, tea, coffee and conversation; a chance for us to reconnect and say hello.

TUESDAY 9TH JUNE @ 7PM

ST JOHN'S CHURCH HALL CAR PARK (outdoor event).



TEST YOUR KNOWLEDGE!

On Catchphrase:

1. In what year did Catchphrase first appear on our screens?
2. Who was the original presenter?
3. What is the name of the show's mascot?
4. How many squares are there on the Super Catchphrase board?
5. Where might you hear the Catchphrase 'Is that your final answer?'



THOUGHT FOR THE WEEK

'May the God of hope fill you with all joy and peace as you trust in him. Romans 15:13

Over the last few weeks our lives have been disrupted, had to be rearranged due to circumstances that were entirely beyond our control.

But now we face another challenge as we emerge from lockdown and have to re-orientate ourselves to what has been called the 'new normal'.

God from the time of creation brought order out of chaos and although it may not feel like it at the moment, perhaps this time has provided us with an opportunity to reassess what is important to us.

This will ultimately perhaps lead us to a renewed sense of hope and peace as we look forward into the future with new eyes.



Baked Beans are a cheap, fast food, that can be prepared in only a few minutes. They supply many vital nutrients, are a good source of plant protein and fibre and contain other compounds that provide protection against heart disease, cancer and other chronic diseases.

Some varieties can be high in added sugar or salt, so for added health benefits, choose the reduced salt and sugar versions.

Make a meal, by adding, toast or an egg, cheese or a jacket potato.

Enjoy!

LOCKDOWN HUMOUR

What cheese is made backwards?

Edam

Why did the baker stop making doughnuts?

Because he was tired of the hole business

When is the time you stop at green and go at red?

When you are eating a watermelon



PRAYER

May God give us,
For every storm, a rainbow.
For every tear, a smile.
For every care, a promise.
And a blessing in each trial.
For every problem life sends,
a faithful friend to share.
For every sigh, a sweet song,
and an answer to each prayer.
Amenn



PAUL AND BEV ARE HAPPY TO SPEAK TO ANYONE WHO HAS SOMETHING THEY WOULD LIKE TO SHARE OR WHO WOULD JUST LIKE A CHAT.

WE CAN BE CONTACTED ON:

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